

January 9th – March 4th
8 Classes @ USA Athletic Club & Spa

	Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
Level 1-3	1:40 PM	5:40 PM	12:40 PM 1:20 PM 4:10 PM 4:50 PM	11:00 AM 5:40 PM	12:40 PM 4:10 PM 4:50 PM	12:20 PM 1:00 PM