

January 9th - March 4th
8 Classes @ USA Athletic Club & Spa

	Sunday	Monday	Tuesday	Wednesday	Thursday	Saturday
Level 8-10	2:20 PM 3:00 PM	4:20 PM 5:00 PM	6:10 PM	4:20 PM 5:00 PM	5:30 PM 6:10 PM	11:00 PM 1:00 PM