

Lewis Groups – General Practice Schedule August 30th – End of Season

- All Practice Times Tentative Pending Facility Approval -

Practice Group	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Bronze Group First Day: Sept. 12	5:00-6:00pm @ Lewis					No Practice
Silver 1 Group First Day: Sept. 12	5:00-6:15pm @ Lewis	5:00-6:30pm @ Lewis Swim + Dryland	5:00-6:15pm @ Lewis	5:00-6:30pm @ Lewis Swim + Dryland	5:00-6:15pm @ Lewis	9:00-10:30am @ Marmion
Silver 2 Group First Day: Sept. 12	5:00-6:30pm @ Lewis	5:00-6:45pm @ Lewis Swim + Dryland	5:00-6:30pm @ Lewis	5:00-6:45pm @ Lewis Swim + Dryland	5:00-6:30pm @ Lewis	9:00-10:30am @ Marmion
Gold Group First Day: Sept. 6	6:15-8:15pm @ Lewis	5:45-8:15pm @ Lewis Dryland + Swim	6:15-8:15pm @ Lewis	5:45-8:15pm @ Lewis Dryland + Swim	6:15-8:15pm @ Lewis	7:00-9:00am @ Marmion
Senior/Elite Team First Day: Aug. 30	6:15-8:15pm @ Lewis	5:45-8:15pm @ Lewis Dryland + Swim	6:15-8:15pm @ Lewis	5:45-8:15pm @ Lewis Dryland + Swim	6:15-8:15pm @ Lewis	Please See Aurora Group For Time

Please check our monthly calendars and team web site (www.academybullets.com) regularly for practice changes and updates